# 8. Corm Break

#### Greta 00:00

I couldn't get the Fioro Di Zagara Morettis with orange blossom that are bewed in Sicily which I love so much, so these are just standard Morettis.

#### Richard 00:11

More my speed, you know, I don't like too much flash.

#### Greta 00:15

Oh but I find it so delicious and transporting you know, I feel like I'm a mafio's wife.

### Richard 00:21

God, you know, I'd love to know what this mafia guy is like, you know.

#### Greta 00:24

Actually very sensitive. I'm drinking the Fioro Di Zagara, he's opening the door for me of the car. You know, there's something coming from the trunk, mind you, but god that beer tastes good. Oh my. Oh, yeah.

# Richard 00:42

It's nice to have a beer you know?

### 00:44

[Guitar Strumming Gently]

#### Richard 00:45

How to get the most out of your partner. With Richard and Greta.. Sounds like shocking old shit.

#### Greta 00:50

I like that actually.

#### Richard 00:51

Ok cool.

### Greta 00:52

Sounds good.

# Richard 00:53

I get so steamed. Need to let off some steam, you know. Just smack an egg sometimes, you know what, you take with your left hand, you take the fried egg, soft fried, and you take your other hand. You slam it down like an alligators jaw, and you spurt that yoke.

### Greta 01:10

Hello. I'm Greta, welcome to our podcast.

### Richard 01:15

I'm Richard. And uh, very glad to have you joining us in this episode.

### Greta 01:23

And we're here to help you get the most.

#### 01:27

(Both singing) How to get the most, out to get the most. How to get the most, out of your partner.

#### Greta 01:42

Let's do the show, shall we?

### Richard 01:43

Yeah, let's crack in. Let's crack in.

#### Greta 01:44

Lets crack in.

### Richard 01:45

I got a notebook here, I'm gonna take a look at what we got on our lists. Got some listener questions, got some products to review. I got a romantic one for you here.

#### Greta 01:57

I love romance. You know.

### Richard 01:59

It says "Greta, my boyfriend's birthday is coming up.."

# Greta 02:06

Yeah

#### Richard 02:06

"And I would like to give him a special spa day. If you were to give Richard a spa day. What perks would it include?" We don't call them spa days, but I can picture the day. Absolutely. And we have a Dolly Parton podcast playing. I have Neal's Yard Mother's oil, and I am amply pouring it into my hand. Don't I find those places and I try and chase those tensions up through his back and well. Like an ice skater zipping along the river, you know like in, in the fine novel I'm listening to right now. You know Anna Karenina, like the ice skaters. Sorry to reference it. It was actually kind of a boring part of the book. This question's from []. "Whilst listening to your voice Richard, I find you it will be like a root vegetable, earthy and productive. I wonder if you have an affinity with the root." I love harvesting a

potato. Never was there a finer friend than a potato. I mean, how many times have you just wanted to go have a fucking bowl of chips and beer.

## Greta 03:25

And get some mustard with that please?

## Richard 03:27

Oh god you know French fried potatoes and a fuckin couple packets a French's mustard you know, just squirt it out. Dip it in.

### Greta 03:35

Oh, that just reminded me of another spa day we had when we were watching Billy Bob Thornton. Yes, And Sling Blade. Yes. I had been rubbing you.

### Richard 03:43

It was a beautiful day. You know, you've never been so hungry in your life as when you watched Billy Bob Thornton as the Sling Blade guy, fucking order large fries, I mean. Yeah it's that jutting lower lip and he makes up face and he manages still to open his mouth, you know, and get a fry in there. He doesn't chew. I mean, his teeth don't meet. He goes, "Mmm, yep... [unintelligible Billy Bob Thornton in Sling Blade (1996) Impression] ... french fries potaters, I reckon I do yeah." Once you hear him do that, you just have to get up then and there and go get some fuckin mustard and potatoes. I like Richard to whisper that into me when he's giving me a job. (Whispering) French fries potaters

### Greta 04:22

I know you're making the face and it makes the feeling so exciting.

#### Richard 04:25

And I just go "Oooh french fry potaters... mustard, you take an extra large" I just pictured my happiest day, you know, and I'm lying naked in a field. And I got roses coming out of my ass. You know, they've been gently, they've been gently placed.

# Greta 04:48

Like a magician's bouquet?

### Richard 04:50

Yeah, you know, something safe. You know, we all got our different, you know, dreams of what glory is you know, for me, it's laying on my stomach reading the book naked as a jaybird in the sunshine, with flowers coming out of my ass. Just resting there.

### Greta 05:08

Oh, that's beautiful Richard.

# Richard 05:11

This was a question surprising question. His name is Quentin McGrade. McGrade, a fine name. He says "what is a Richard?" Now we're getting somewhere. I would say, uh, Richard might have a fine beard, you know, but not a hipster beard just, even though I don't personally sport one. I feel like I've got a spiritual.. I was gonna say exactly the same thing. Richard, you have a spiritual beard. And I might wear a fine linen shirt, but not one with buttons, but a V neck that might have some embroidery on it and I might have a fine beret that I occasionally sport. It's interesting because you actually don't sport these things, but I know what you mean. But they're the essence of who I am. What and I'll often say look at that Richard there. Oh, that's a blackbelt Richard look at that fucking guy with his Amethyst necklace.

#### Greta 05:59

Oh, he's a pure blood.

#### Richard 06:01

Yes, I think sometimes people think "oh, that's not a Richard" because I don't adorn myself with fine wristbands and, and jewellery of shells and crystals brought back from the islands that I have travelled you know, and I don't walk with a walking stick, though I feel like these things are of my essence.

#### Greta 06:23

They are about you, like an aura.

### Richard 06:25

Ankle bells are not out of place on this druids soul. Well, you do have ankle bells. Let's not forget I did purchase some ankle bells when I went to stonehenge. Yes, you did. And they're a fine pair of ankle bells.

### Greta 06:40

Richard, I'm still waiting for the downs.

#### Richard 06:42

I've been working on it privately. Talk about a spa day. I'd like you to walk my back with those ankle bells on. Oh, goodness me. You know what a final way to spend time jingling my way up and down your spine. So you want to go on to some product reviews?

### Greta 07:02

Yeah. The rice paper made by the company Bamboo Tree. The wraps.

#### Richard 07:08

Yes.

#### Greta 07:08

For the summer rolls, Richard.

#### Richard 07:11

I fuckin give it five stars straight away.

#### Greta 07:14

Yeah.

#### Richard 07:15

One of the coolest, if you haven't made your own summer roll, get after it folks. You just buy them they look like a tortilla. You just put them in warm water. And then you fill them with rice and different things and then roll that up. It's a supple skin. You make these wraps, you can use cold ingredients or warm you know, I might use a vermicelli cold and avocado, you might throw a little coriander in there and it sticks to itself and becomes a summer roll. Which is just just like a nice cool summertime flaccid dick. You know what I mean?

#### Greta 07:46

Yeah, it's like a cold dick that you can crunch on.

### Richard 07:49

Yeah, and you know, but you know, and dicks can be scary. You know what I mean? And so, but these are transparent, you know what I mean? I feel like it's a dick. That's not fucking telling you lies. It's like..

# Greta 07:59

It's true.

#### Richard 08:00

Five stars. Okay, so I got a product review here. Bragg's Liquid Aminos. Have we covered this? I would say cover me and Braggs and let me try it. Five stars, you know?

### Greta 08:14

Okay, I've got one for you. The canal cycle.

#### Richard 08:18

I give this a very high score. We spoke about categorising people and what is- what makes a Richard on this canal are so many houseboats and it is replete with Richard types and Greta's. It is like Disneyland for the counterculture icon. You know, fuck, you meet your heroes there but you don't dislike them, you know, and they're burnin every witch who fuck from any old were collecting firewood in an urban landscape and they're finding bed frames and old dressers and stolen garden fences, and they're using those to burn in their cosy little wood burns stoves inside their long canal boats.

### Greta 08:58

Smells beautiful.

#### Richard 08:59

Keeping themselves warm. Yeah. And the smell from those little wood fires. It's tricky at the start. You got some high hills, you know over bridges get up and down those motherfucking cunt bridges. I turned

that canal blue, but you're bumping into the angriest swan in London. This swan has got an axe to grind and woe betide you'll be on a bike because he will come at you. At first we thought he wanted some of our cashews. Turns out he hates bikes, you know. And so we met him and we had that encounter back in the warmer months of summer. And we took this winter ride just days ago. And there he was steamed as ever in the icy cold you know whether or not the winter. Fuck, how do they keep those peddlers working?

#### 09:47

[Musical Intermission](Both singing) No thank you, please.

### Richard 09:53

So Greta went out and purchased a variety of root vegetables to see what we could see and how we would enjoy them you know? And she came back with celeriac, fennel, Jerusalem artichoke and kohlrabi. I found the celeriac huge like a brain. White brain, yeah.

#### Greta 10:13

You need a big knife, maybe an axe, cut it in and the smell of celery hits you, you know, leaves your flat. Then I put it into a skillet into the oven and I just made it like a roast piece of shit.

#### Richard 10:26

Oh.

#### Greta 10:26

Were there not Bragg's in the world I don't know where I'd be, you know, and we're running out Richard we only have one bottle left.

#### Richard 10:34

Down to one litre of our favourite sauce, you know. And next we have fennel. You get your madeleine and you slice the fennel. You add some capers some lemon and some olive oil. Little salt and pepper. You're in the business. Yes, and I am just only sorry that you don't get to crunch next to such a fine a man as Richard is. Oh Greta.

#### Greta 10:55

Because to watch him eating fennel, I'm in heaven.

# Richard 10:57

Greta I love to be cheek to cheek, both crunching down on some fennel, you know, and I might pause my chewing to listen to your teeth.

### Greta 11:06

Yes.

# Richard 11:06

You know burst through the crunch of a fennel slice.

### 11:33

[Musical Intermission]

### Richard 11:33

The next one here is Jerusalem artichoke.

### Greta 11:36

Well it's gnarly looking like a colon, but I like to slice it down the middle and then again the other way. An artichoke it takes a long time to reach the taste that you can get by thumping one of those and four quarters and putting it in the oven. The picky levy dippy dippy, you know, eat a lot of butter that day - artichoke. You can save a lot of time.

### Richard 11:58

By going the Jerusalem route. But where does it come from, Greta?

### Greta 12:01

It comes from the sunflower.

#### Richard 12:04

It is the root of a sunflower, what a divine thing to eat. I mean, if that was a man, I'd want to suck his feet. So I want to eat a Jerusalem artichoke Thank you very much. Last on the list of root vegetables, that came in hot, is kohlrabi.

## Greta 12:22

It's a texture not a taste.

### Richard 12:24

What it is, is the ball sack of a cabbage plant. You know? I suggest we move on to.. Surprise.

### Greta 12:33

Segment.

### Richard 12:34

You know.

### Greta 12:35

Richard.

### Richard 12:36

Yes. You're gonna need a pen, and a paper. Got a pen, flipping my notebook page here. Get a fresh, I'm so excited. Get a nice fresh clean piece of paper.

### Greta 12:46

Is your pen juicy?

### Richard 12:47

It's not that juicy.

# Greta 12:49

Ok, I suggest you know, that you- Well, how about you get yourself, you know, a wet pen.

### Richard 12:55

Oh, do you have one?

### Greta 12:56

Oh, it's in my pussy. I'm sorry.

### Richard 12:59

Oh, that's a wet pen. Alright.

# Greta 13:01

Can you grip it? Do you want it?

# Richard 13:02

Barely, you know, it's like trying to catch a fish that's holding a bar soap. You know what I mean?

### Greta 13:06

Okay wait.

### Richard 13:07

It's doing the same like "whoa whoa", as I'm trying to catch the fish.

### Greta 13:10

Hey, we'll dry that off. So you have a sheet of blank paper. Okay.

### Richard 13:14

I got a paper

### Greta 13:15

You have a pen, a wet pen.

### Richard 13:17

Yes.

#### Greta 13:17

Okay. I'd like you to draw a cow.

### Richard 13:20

Okay, I'll just talk you through it as I do it, fuckin looks like a pig already here putting the eyes in and they're not where cows eyes would typically go. I put them straight in the front. You'll know it's a cow and I draw his boxy body and a splotchy, dandiest little hooves in town. Fuck. He's a lady killer with those. Those are sweetheart hooves, fucking legs in the back. He had the daintiest four legs and his rear ones suck. He's like wearing Zoot Suit trousers. You know, it looks like shit. Uh, you know, I gotta choose between dick and udders here because you know, you said cow. He's got a nice butt.

Greta 13:55

Okay, are we ready?

Richard 13:57

Yes.

Greta 13:58

So you have drawn a cow. And the specific details. They provide a great deal of insight.

Richard 14:06

Yes.

Greta 14:06

The tail.

Richard 14:07

Yes.

Greta 14:08

If you draw a tail.

Richard 14:09

Yes.

Greta 14:10

You're very methodical in your approach to life.

Richard 14:13

Oh my

Greta 14:14

Now the size of the cow.

Richard 14:17

Yes.

# Greta 14:18

Does it occupy at least 50% of the page?

### Richard 14:21

No.

# Greta 14:22

You go with the flow.

### Richard 14:24

Yes.

### Greta 14:24

Okay. The presence of udders.

# Richard 14:27

Yes.

# Greta 14:27

Now this is interesting. It says you're the nurturing type, natural caregiver and you're a loving person. I mean, this is fucking, this is you.

### Richard 14:35

This is me, you know,

# Greta 14:37

The size of the ears, have we got ears?

# Richard 14:39

Yeah.

# Greta 14:39

Yeah?

# Richard 14:40

Yeah.

### Greta 14:40

Are they large?

### Richard 14:41

They're pretty big, alright.

### Greta 14:43

You know what that means?

### Richard 14:44

What's that?

### Greta 14:44

You're a good listener.

#### Richard 14:46

Oh, that's nice.

# Greta 14:47

Shape of the legs.

### Richard 14:49

Cow has straight legs.

# Greta 14:51

You're rigid.

# Richard 14:52

Oh shit. It's pronounced Richard. But you know, I'll take what I can get.

#### Greta 14:57

No horns.

#### Richard 14:58

No horns. Oh shit. Then you're satisfied, with your life. What?

### 15:06

[Musical Intermission] (both singing) Point made.

### Richard 15:11

You know I feel a little like playing the guitar you know? Yeah, sounds good. Oh, Richard. Yeah?

### Greta 15:21

Shall we, oh.

#### Richard 15:22

I just hit it on every fucking thing on the way here. That was a real corridor of bullshit to get this guitar into my hand.

### Greta 15:33

That's nice. Oh, here we are.

### Richard 15:36

You know.

### Greta 15:37

Yeah. Oh my. Oh.

### Richard 15:41

Greta. Yeah. I'm on the banks of the river. I can't help it. I'm just always by the stream. You know? It's nice to find you there. You can see the birds flying around, you know, collecting things for their nests.

#### Greta 15:58

Water rats just swimming along, noses on the water. You can't see their gross tails.

### Richard 16:06

It's nice, except for the other animals that live under the water getting the raw end of the stick.

#### Greta 16:15

Oh to him see him [unintelligible] from below. And the otter lying on his back holding friends with his hands.

#### Richard 16:24

The names are Rick and Sylvia and Dumont. And they, they have those rocks on their stomachs. You know, they crack things open, with but then they start trying to get each other's rocks off.

# Greta 16:39

(singing) Oh, Richard.

# Richard 16:41

Yes.

### Greta 16:41

(singing) Oh, Greta. (singing) I love you.

#### Richard 16:44

(singing) Love you too.

#### Greta 16:47

(singing) Let's go for a walk tomorrow.

### Richard 16:50

Okay.

### Greta 16:53

I found a sex book. Yes. It's called The Art of Sexual Ecstasy.

### Richard 16:59

Oh my God, these photos are fucking the best. And our photos or drawings, folks we'll put these up on our Instagram.

### Greta 17:06

These are line drawings of the most beautiful encounters.

### Richard 17:10

I've turned to Greta's first bookmark. There's a blindfolded woman, she's sniffing a lotus root and then in the next picture, same woman is having an aural sound bath, you know, little sound bowl and there's a guy banging it with a small gavel. This, Richard and Greta. Oh my god, this is fuckin gorgeous.

### Greta 17:36

Is it us?

#### Richard 17:37

It is us. You know I've gone bald, but I've got a fine beard and I am flaccid, there's a guy in a dandy fucking budgie smuggler. She's got a fine long set of titties and uh, wearing a weird Egyptian necklace.

### Greta 17:52

She's still suckling him.

# Richard 17:53

And then in the next page, she is suckling him. Oh God. There's a wicked picture here on page 54 of a dude with a semi sitting next to a house plant.

#### 18:04

[Musical Intermission](both singing) Oh, I see. I didn't know that.

### Richard 18:13

I was just taking a quick corn break, you know, having a little corn on the cob. It's delicious. It is browned and slightly steamed. Brown and the pan, what a privilege. Sweet corn you know. All those little kernels just waiting. It's like eating a colony. It really is. You know?

#### Greta 18:37

You know if it's a hot day.

# Richard 18:40

Yeah

# Greta 18:40

In the cornfield.

### Richard 18:42

Yes.

#### Greta 18:42

Would it not roast the corn and could you not stand head tall to a corn husk and chomp it straight as it grows?

#### Richard 18:51

Yes, I think it could you know, if you find me in a cornfield, you'll find a fuckin stick a butter in my back pocket. You know, little sachet of salt, sachet. Is there any animal that eats the cob? Pigs? I can't imagine there's a stomach acid on Earth that can get through this cob. Going all the way down now to the nub.

### Greta 19:20

You know.

#### Richard 19:21

There's no kernal inside them, you know now just eaten the weird skins.

### Greta 19:25

I mean, do you have them between your teeth now?

#### Richard 19:28

Fuckin by the shit ton. How are your teeth?

#### Greta 19:31

Pretty separated by husk.

# Richard 19:34

That's all I can do on this one, you know. Been a fine corn break. Thank you Richard for the corn break. Thank you, Greta. It is always nice to share in a moment of corn eating with you. Okay, so, Greta, it's time for your surprise segment.

#### Greta 19:52

I do love this section because it's always a surprise.

#### Richard 19:55

What we're dealing with here are the elements of nature.

### Greta 19:58

Elements of nature. Do I close my eyes?

# Richard 20:00

You can, I'll get you the first element. An element of nature. Fire, wind, rain. I hear tinkling cups. I'm putting before you, a small pot of Earth.

# Greta 20:13

Oh, shit.

### Richard 20:14

That is the element, earth. Oh god. What does it make me think of in relation to our relationship? You know? Is it safe to have anal sex today? Oh, God, Greta.. I mean, you've hand me a cup of shit. I don't know what you expect. It's not a cup of shit, it is fine Earth.

#### Greta 20:32

Yeah, you have my answers. There's nothing I can bring to that.

### Richard 20:35

The next one is wind.

### Greta 20:37

Wind. Oh, I feel it on me, oh and you're a little ballerina flapping around me with a found right now. Oh wind. Yes, I'm desperate for it. Oh now I feel like I'm a maiden on some Roman bed on a rooftop with my pet serpent. Oh and there is a small unhappy man wafting me at the foot of the bed. Care I not, I'm reading. I can't involve myself in his troubles. How's your arm?

### Richard 21:08

Oh, it's wearing down you know?

#### Greta 21:10

Wearing down, okay.

#### Richard 21:11

Okay, Greta. Are you ready for your final element?

#### Greta 21:14

Yes.

# Richard 21:17

I place before you Greta, fire,

### Greta 21:21

Fire. And doesn't that burn like the intention of our love.

#### Richard 21:27

Yes.

### Greta 21:28

Oh, in the white sunny light. Oh, it's beautiful. Richard. You know, I do, I see hope and joy. It's dancing. It's so beautiful. Richard. It's dancing. So pretty.

#### Richard 21:40

(Both singing) How to get the most? How to get the most. How to get the most, out of your partner. If you didn't, hi-

#### Greta 21:56

Good start, Richard.

#### Richard 21:58

Thanks.

### Greta 21:58

Take it from there.

### Richard 21:59

Fuck yeah. If you've enjoyed Richard and Greta's podcast, you might also enjoy following us on our social media.

### Greta 22:06

Yeah, we're on Twitter, @richardandgreta

# Richard 22:08

We're on Instagram, @richardandgreta

### Greta 22:11

We have a Patreon page, Richard and Greta, if you want to give us money, we're totally open to that.

### Richard 22:16

You know, what else are we on Facebook? Did you say that? Facebook, you know, it's my favourite. Yeah and everyone's, I mean, fuck Facebook, but look if you're there, get on in the water's nice.

### Greta 22:27

Oh, controversy.

# Richard 22:30

Ya know.