

17. Hot Bones

Richard 00:00

(Sips) That coffee and Glenfiddich? Jeez, it's delicious.

Greta 00:12

Richard, is that a new brew? Or is that yesterday's cold coffee?

Richard 00:16

That's yesterday's cold coffee. Yeah. But what I did was I put it in the microwave for a minute and a half.

Greta 00:22

Okay

Richard 00:23

Brought it to a piping hot temperature

Greta 00:24

That's exciting

Richard 00:25

And then added boiling water to that

Greta 00:27

I mean, that is how I feel when you put your lips upon my pussy. I feel like I've had one and a half minutes in the microwave and then some, you know, boiling hot water on the top. And that's some boiling hot whiskey

Richard 00:39

Sounds terrible. I mean, it's nice for coffee, but that sounds like a horror show.

Greta 00:49

No, it my inner temperature is rising is all I'm saying, you know, I'm not on fire. You know, it's not like a bad case of thrush.

Richard 00:55

Yes. You know, this reminds me I went to a hot yoga class today.

Greta 00:59

Oh, yes.

Richard 01:00

And practised a few poses. And the teacher said, you know, there's, there's infrared heating, and these infrared panels that hang.

Greta 01:11

Oh, yes, I wondered what it was.

Richard 01:12

From the ceiling. And practising a few downward dogs and humble warriors. Warrior twos and threes. What have you, few twists, the eagle, whatnot, tree pose, this kind of jazz. And the teacher said, if you're tired rest, and just let that heat absorb into your body down into your bones so your bones become warm. And then it freaked me out. You know? I just started thinking about my warm skeleton. And my bones getting warmer and it weirded me all the way out.

Greta 01:52

Oh, hot bones.

Richard 01:53

Yeah

Greta 01:53

Oh, yeah, I know what you mean.

Richard 01:55

And it's just like "oh god I gotta get out of here, my bones are getting too hot"

Greta 01:59

Yeah I need to hose down my bones

Richard 02:01

Ya know, I'd like to hold your bones down

Greta 02:03

Yeah, that sounds nice. Freshen my bones up, they're warm. They've been warm for years, decades my bones have been warm. They haven't seen the air in so long.

Richard 02:14

What if you had a hot skeleton? How painful.

Greta 02:17

Oh, I'm feeling hot right now?

Richard 02:18

Isn't it freaky?

Greta 02:19

Richard and I have quite exciting clothing on tonight. I have a large hole in the armpit my jumper

Richard 02:28

That's gorgeous, a little window.

Greta 02:29

But Richard has one that his penis tip can window through

Richard 02:34

Folks, you know, it's not for public consumption. I'll tell you that much.

Greta 02:39

It sure is

Richard 02:40

As mentioned I went to the hot yoga and after I do one of those classes I am dripping with sweat, and my underpanties that I tend to wear are saturated. You know, stem to stern so you know I ring them out and all in the shower afterwards, but they're still too wet to put on under a jean.

Greta 03:01

Yeah and winter Richard, and winter.

Richard 03:05

Yeah, you can't be freezing your balls in the walk home. So you know I went I went freeball and on the way home some of you might remember that Tom Petty song. You know "when your free, free balling" or however it goes something like that.

Greta 03:23

Yeah it goes just like that.

Richard 03:25

Do you remember that one?

Greta 03:25

Yeah

Richard 03:26

Can you sing it?

Greta 03:27

Cause I'm free, free balling.

Richard 03:30

That's it. Yeah, that's it. So yeah, so then there's a hole in my crotch. Greta pointed it out to me

Greta 03:37

Right next to the zipper. It's the size of a perfect, you know, like a 2p piece or a penis hat

Richard 03:45

Two peepees?

Greta 03:47

Like a two penny piece.

Richard 03:49

Oh, a 2p piece. I thought you said it was like two peepee

Greta 03:54

Oh, two peepees

Richard 03:56

Yeah, I was like shit. Okay, um, you know,

Greta 03:58

Well, I think there's just room for one in this instance. You know

Richard 04:02

Yeah, it is the most gauze-like thin spiderweb of denim that it's left, and it's just a few threads, tis like cheese cloth is another word for gauze you know, that's thin gossamer fabric.

Greta 04:20

Absolutely

Richard 04:21

Used to filter cheese, you know, or in this case, my penis.

Greta 04:26

That's so gossamer thin. Like a web couldn't be spun more tenderly, then these little strands

Richard 04:33

It's clear, folks, you can't tell it's there unless you rub your hand over it.

Greta 04:37

It slightly has the effect of making your penis look a little dusty.

Richard 04:40

Yeah

Greta 04:41

Like a castle, an old castle penis

Richard 04:44

Yes, and it's been sitting out you know, like next to a candelabra

Greta 04:50

Yeah, haunted penis. Can I see your haunted penis tip Richard?

Richard 04:54

If you're brave enough? Careful, bats will fly out the end. Oh my God and I will go shrilly screaming down the hallways, you know, with my dress, my nightdress flowing behind me. Yes, and I'll follow you saying "I'm sorry I'm sorry" yes and a warm skeleton will find him eventually and he'll call me daddy hot bones

Richard & Greta 05:24

[Intro Music] (Both Singing) Richard and Greta, gonna make your lives better, today.

Richard 05:39

Welcome Folks, you're listening to Richard

Greta 05:41

And Greta

Richard 05:43

How to get the most

Greta 05:44

Out of your partner

Richard 05:46

That's the podcast where

Greta 05:48

Where we help each other to find out other things about each other to deepen our understanding of the human race.

Richard 05:55

Yes, yes, we challenge each other with questions, with different feats that we might need to overcome in the section called surprise segments. We review products.

Greta 06:07

Yes. And we take listener questions. We take your questions if you email them to richardandgretapodcast@gmail.com.

Richard 06:15

And you might just end up on this show. And if you want to, you could even email us a little soundbite, you might end up with your voice on the show if you want to ask your question in a voice memo and just send that on over

Greta 06:28

If you want to have your own voice caressed in our soft dulcet tones

Richard 06:32

Greta.

Greta 06:33

Yes.

Richard 06:34

Would you like to review the product?

Greta 06:36

Yes.

Richard 06:37

That you were reading to me about just moments ago and bed, post-coital

Greta 06:48

It's an awful word coital, isn't it?

Richard 06:50

It's so gross

Greta 06:51

Not a sexy word.

Richard 06:52

It's not a sexy word. And it's gross for me to think that the listeners are going "did they just bone?"

Greta 06:57

Yeah

Richard 06:57

With their hot..

Greta 06:58

We did, of course we did.

Richard 07:00

Our hot skeletons.

Greta 07:01

Yeah.

Richard 07:01

Our two hot skeletons were going straight down to bone town, folks. What do you want?

Greta 07:05

So after a boning what did I say? I can't remember.

Richard 07:08

You were reading a magazine on your phone.

Greta 07:10

Oh, yeah.

Richard 07:11

And you were telling me about this product? Male polish.

Greta 07:17

Male polish. Yes, yes.

Richard 07:19

Yes, it's a nail polish for the man.

Greta 07:22

Yes. I think that's a gorgeous thing, it's a beautiful thing for partners to do together to go and get a pedicure together. It's like a pedi-date, a ped-date. A ped- you know?

Richard 07:35

Yes.

Greta 07:36

And I did give this as a gift to Richard early in our love affair. It was a birthday gift. And so we went together to divine restorative place, smelling of herbs with arm chairs bathed in towels. And Richard got a fine azure blue toenail, didn't you?

Richard 07:57

Yes, I did

Greta 07:58

Ten off them.

Richard 08:00

They looked so blue.

Greta 08:03

They were so blue. Like the sky, like you know the eyes of a blue-eyed person. They were so blue. And they gave his skin the hue of a cadaver and was only really during reverse cowgirl that they really struck me in a way that I can't forget.

Richard 08:22

Yes. Word to the wise folks. If you're gonna get a blue-nailed pedicure. Try to keep it missionary or any position other than reverse cowgirl because you got, you know, the love of your life looking down at the worst collection of fucking blue toes.

Greta 08:47

I couldn't take it guys. I couldn't take it. I had to leap off him and say, "you know, that's a little much, you know, can we get a blanket for those?"

Richard 08:54

Yeah, and I said "absolutely, absolutely." You know, yeah, I covered them up. And then I went to the drugstore and purchased a nail polish remover. So yes, you know, there are pitfalls with this product.

Greta 09:09

I thought they look beautiful though. I will give them five stars for the coating and the colour. But for the, as a sexual enhancement, I would give it maybe only a three star.

Richard 09:23

Yeah.

Greta 09:24

Okay, I have a product review. Richard, this one you might not want to talk about but I'm just going to ask you to review the spoon and cup that you were given for a stool sample. On your medical health check.

Richard 09:41

Yes, very sorry that you're listening to this. But I'll tell you a little

Greta 09:45

It's beautiful. Richard, I will be proud and we got to share this with the world because everybody's got to feel no shame about this stuff. This is what it is to be a human being, let's celebrate it

Richard 09:46

It's important to just make sure you're healthy, get checked out from time to time. So they give you a this little vial with you know, speaking of nail varnish, it's like it's kind of like that, but there's a spoon instead of a paintbrush. You know, it's the there's a spoon connected to the top that you screw back on. They don't give you instructions.

Greta 10:17

Yeah. Is the process up to you?

Richard 10:18

Up to you. You know?

Greta 10:20

This is incredible.

Richard 10:21

There's no fuckin step by step guide. They just gave you this thing.

Greta 10:25

I can't wait to hear how you did this. I can't wait to hear I'm settled in buckled in.

Richard 10:29

I deftly you know, not my term, but prairie dogged.

Greta 10:39

Prairie dog?

Richard 10:40

Yeah, it's like from a 90s movie or something. I don't remember but prairie dogging is when you're coming out a little...

Greta 10:48

Let's say it's coming out of his borough.

Richard 10:50

Yeah. So it just prairie dogged a little and grabbed a tiny scoop.

Greta 10:53

Oh my god, that's so hard.

Richard 10:55

I got a lot of control.

Greta 10:56

Yeah.

Richard 10:58

Talk about little scoop, you know, and my dignity. And I walked on down to the clinic to find it was closed folks. And then I had to put that shit back in my pocket, and go back home and stick it in my desk drawer. Two days later, you know, they were on a bank holiday or whatever. Two days later, they open back up for business and I call them and I say "Hey, can I still bring this one? It's been sitting there in my desk for two days". And they said "Richard, no, you got to do it again". Oh, and here's the thing, you know, also, when I went back to get a second test, I didn't want to complain that the place had been closed to the people that run the place. You know what I mean?

Greta 11:47

Yeah, they had a lot of complaints.

Richard 11:49

Yeah, sorry. Just said "Can I have a new test? I did one already but I messed it up." I heard you I thought "Richard, what an exciting amount of information for that lady", you mess it up, you know, I'm sure she pictured you missing the cup or, you know. Yes, "okay, sir, whatever, I don't need to fuckin' know this"

Greta 12:13

I forgot that, I was there. I was in earshot. And I did think that was a remarkable thing to say to her

Richard 12:19

Yeah, as soon as it came out of my mouth. I was just like, "Oh God. What is she picturing happened?"

Greta 12:25

"I messed it up"

Richard 12:26

"I messed it up" I don't know.

Greta 12:28

Oh, God.

Richard 12:29

"Can you tell me if there's still a spoon sticking out of my ass?", "What happened, Richard?". Anyway, five stars.

Greta 12:35

Wonderful, five stars.

Richard & Greta 12:41

[Short Musical Intermission] (Both Singing) Why

Greta 12:43

Okay, it's listener questions.

Richard 12:45

Okay.

Greta 12:47

Okay, Merriam Stiles says "Do you prefer handwash or dishwasher? I'm thinking of buying a dishwasher, but before I do I'm curious what Richard and Greta's method is"

Richard 12:58

Yes. We go down to the riverbank and wash our dishes and a camping technique that you may not know is that you take dirt, yes, ironic as it may seem, and use the gritty sand to scrub away those tough-cooked on bits of cheese or what have you, and your fingers grow cold in the brook or a river and..

Greta 13:28

The thin gravel

Richard 13:29

Yes, yes and your, your washing station shall we say on the bank becomes fringed with fishers as they nibble at your bits of, what did you have, I don't know

Greta 13:45

Hardened yolk, you know, maybe

Richard 13:48

Lasange, whatever it is. And then you decorate it a nearby tree nearly like any day is Christmas, with your crockery and cutlery and what have you to let it dry and we often sing like sirens as we do this. Causing tiny ships of tiny peoples to crash as they think who are these beautiful Richards and Gretas that do their dishes on the shore, and we say sorry as their little corpses float downstream

Greta 14:26

These huge dishwashers, who are they

Richard 14:29

Yeah, we also- but at home we have a dishwasher folks, you know. Shit.

Richard & Greta 14:36

[Short Musical Intermission] (Both Singing) Okay

Richard 14:39

Greta

Greta 14:40

Richard

Richard 14:41

Are you ready for your surprise segment?

Greta 14:43

Readier than I've ever been

Richard 14:44

You might not know this about me. But that's because it's important to keep things spicy in a relationship and save a few surprises, you know to reveal. And you probably don't know that I am the owner of a circus.

Greta 15:03

Richard

Richard 15:05

I am a flea circus owner. Now, I don't know if you've ever been to a flea circus.

Greta 15:13

No

Richard 15:13

But in this box is a circus of fleas. And I would like you to look at the flea circus.

Greta 15:21

Oh my god

Richard 15:21

You just hold it like so.

Greta 15:23

Oh my god.

Richard 15:24

And I want you to describe

Greta 15:28

What I can see?

Richard 15:29

What you can, well, yes

Greta 15:31

One has cinched himself to death on a candle. There is a flea here in a flamenco skirt and he's done a very angry dance and the fleas surrounding him have run away. I mean, far too terrifying. This flea is jumping into a pit of snakes, tiny snakes, mind you. And over here, this one I'm looking at now I don't know what he's doing. I think plucking lint out of his navel. I mean, he needs to get a better act. Over here. We have a little ballerina. And that's lovely. Oh, it's not lovely. Okay, she's slit herself from stern to cunt.

Richard 16:12

Oh, Jesus Christ

Greta 16:13

Yes, and her entrails have come out. Well, that was a good act. I mean, you can't fault it. It really did draw some attention

Richard 16:20

Is that flea dead though? I mean Oh, absolutely, yes. Goodness gracious.

Greta 16:24

Yes. The finale, I imagine.

Richard 16:26

I guess so. That's some circus guys, holy shit.

Greta 16:30

What a journey, Richard, thank you for that. I didn't know you were the owner of a flea circus.

Richard 16:34

Yes.

Greta 16:35

Let's do my one. And see how it goes. Okay, my one is a my own is a parlour game

Richard 16:41

Parlour game.

Greta 16:43

It's a parlour game. You write a name on a post it note and you stick it to the others head and you have to guess who you are.

Richard 16:50

Oh my. Okay.

Greta 16:51

So I've written yours, you're gonna have to guess who you are.

Richard 16:55

Okay

Greta 16:55

There it is.

Richard 16:56

And do I write one for you?

Greta 16:57

You write one for me and you stick it on my head.

Richard 16:59

Okay.

Greta 17:01

There's my post-it

Richard 17:01

Did you see it?

Greta 17:02

I'm gonna lift my fringe, no I didn't see it and I wouldn't cheat, Richard, I'd be honest with you. So we just ask each other questions, free questions, you know? Do you wanna start?

Richard 17:11

Yes.

Greta 17:11

Okay.

Richard 17:14

Am I male?

Greta 17:17

No.

Richard 17:18

Okay.

Greta 17:20
What's my name?

Richard & Greta 17:23
Tom Selleck.

Greta 17:25
Am I?

Richard 17:26
Yeah

Greta 17:26
Did I get it right?

Richard 17:27
Yeah

Greta 17:27
I'm Tom Selleck?

Richard 17:28
Yeah, that's it.

Greta 17:29
Oh my god. I got it so quickly. That's gorgeous.

Richard 17:31
That was a really good question.

Greta 17:32
Oh, that was really good.

Richard 17:33
Yeah.

Greta 17:34
Oh, I got, I got it everyone.

Richard 17:37
God, I didn't know you could do that.

Greta 17:38
Okay, so your turn.

Richard 17:41

Fuck, am I also Tom Selleck?

Greta 17:46

You're not Tom Selleck.

Richard 17:47

Oh yeah, I'm female. Am I under 65?

Greta 17:54

Oh, just about

Richard 17:56

Am I over 60?

Greta 17:57

Not really.

Richard 17:58

Am I 50?

Greta 17:59

Something like that.

Richard 18:01

Am I under 50?

Greta 18:02

Little bit

Richard 18:03

Am I gorgeous?

Greta 18:06

Beautiful

Richard 18:07

Am I you?

Greta 18:08

You are, Richard, well done.

Richard 18:10

Oh my

Greta 18:11

Oh my god, that was a record speed game of post-it note, Rizzle paper

Richard 18:18

Yes.

Greta 18:19

Yeah. Gorgeous. Well done. You are Greta and I chose that for you because I feel like you are me. You're the soul I never had, you're the me I never was, you're the me I want to be, you know?

Richard 18:35

Oh that's so touching

Greta 18:36

And the fact that you are with me and you love me. I mean you make me you by that and I make you me and we are one and you are Greta

Richard 18:47

Gorgeous 100% gorgeous. And as you speak those words I feel like I speak them myself, for I am thee.

Greta 18:59

Oh Richard

Richard 18:59

Yes

Greta 19:00

I had a thought

Richard 19:01

Yes

Greta 19:02

That maybe we should sing our washing up song by the river.

Richard 19:07

Yes.

Greta 19:08

Should we give it a go?

Richard 19:09

Yeah let me get

Greta 19:10

The kind of thing it is. Do we want the guitar or should we just sing it?

Richard 19:13

Should we get the guitar or just acapella?

Greta 19:13

I think maybe just sing it, sing as we do, yeah because we don't have the guitar when we're you know, elbow deep in suds.

Richard 19:20

Yes.

Richard & Greta 19:42

(Both singing over each other)

Greta 20:36

(Singing) ... I'm gonna smash this fucking glass

Richard 20:39

(Singing) I understand

Greta 20:41

(Singing) I love you

Richard 20:44

(Singing) I love you Gorgeous

Greta 20:50

And that is how we do it

Richard 20:52

Yes so

Richard & Greta 21:07

[Outro Music] (Both Singing) How to get the most, how to get the most, how to get the most... out of your partner.

Richard 21:24

Okay folks, over and out, you know.

Greta 21:26

Over and out, thank you.

Richard 21:28

You've been listening to Richard and Greta Go to our Instagram and that's where you will find out everything you want to know about our live shows because holy shit, is Greta hilarious, you know

Greta 21:42

Holy shit, does Richard know how to send a room off into space on a rocket, you know, that's got a rocket strapped to it.

Richard 21:50

See you there folks, and thanks for listening.